Directions to your seminar at Allen Carr's Easyway

London Chigwell Prince Regent Hotel
Signature Collection by Best Western
Manor Road Chigwell
Woodford Green Woodford IG8 8AE

Telephone: 0208 944 7761 (bookings); 0330 028 3418 (venue)

If you have any last-minute issues with attendance over a weekend, please leave a message for the Allen Carr therapist at the venue reception.

By Public Transport

Nearest Bus stop is Cross Road (3 min walk)
Woodford Underground station is 1 mile away

By Car

M11 to London Take Exit 4
Continue on N Circular Rd/A406. Take A113 to Manor Rd/B173 in Woodford
Merge onto N Circular Rd/A406
Use the left 2 lanes to take the A104 exit towards Leytonstone/Woodford/Walthamstow/A503
At the roundabout, take the 4th exit onto the A406 E slip road to N.Circular/A12/A13/Stansted Arpt/Ilford/Gants Hill/South Woodford
Use the left lane to merge onto N Circular Rd/Southend Rd/A406
Use the left lane to take the exit towards Gants Hill/A1400/Chigwell/A113
Turn left onto Maybank Rd
Turn left onto Chigwell Rd/A113
Continue to follow A113
At the roundabout, take the 2nd exit onto Manor Rd/B173
The hotel will be on the right

Free parking available at venue.