

Directions to your seminar at Allen Carr's Easyway



Mercure Bedford Centre Hotel

2 St Mary's Street Bedford MK42 0AR

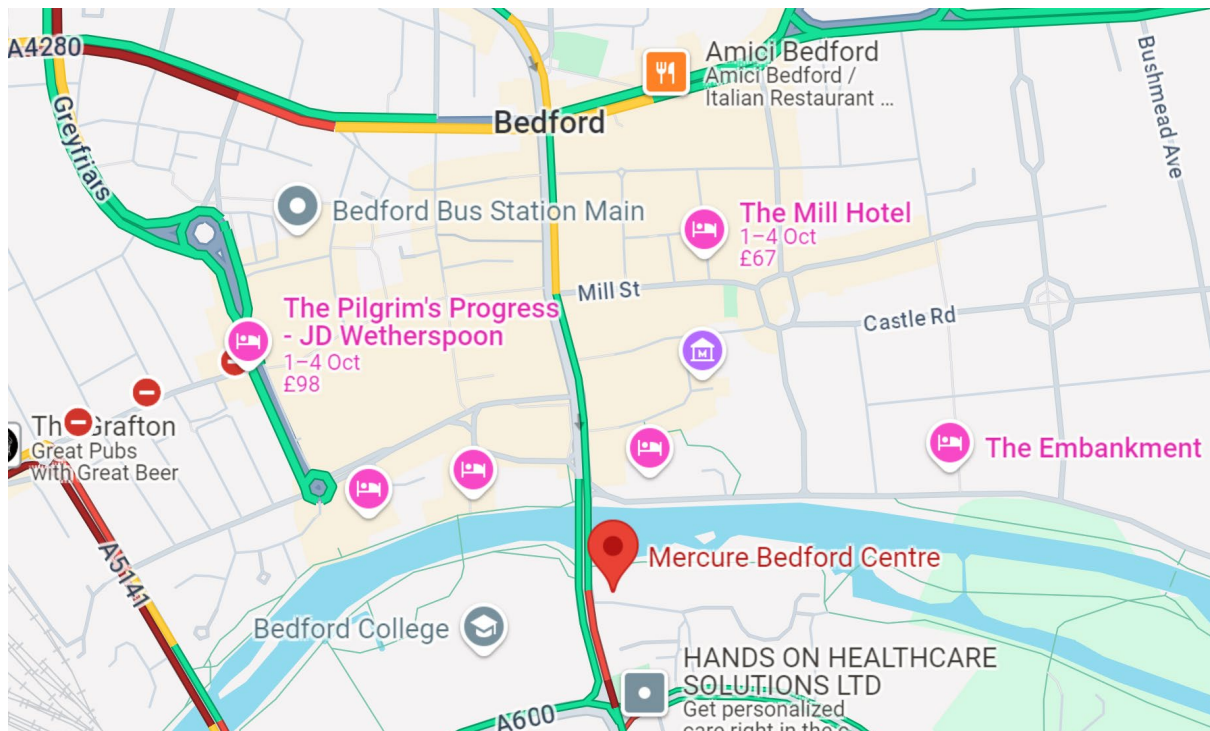
Telephone: 0208 944 7761 (bookings); 01234 799988 (hotel direct)

If you have any last-minute issues with attendance over a weekend, please leave a message for the Allen Carr therapist at the venue reception.

By Car

Follow A600 south out of Bedford. Hotel is immediately on your left after crossing the bridge.

Car parking is offered free of charge for guests attending a meeting. This will require them to enter their car registration into the machine at the reception desk. Failure to do this, can result in a fine. No cars may stay overnight, as this is chargeable.



By Public Transport

10 min walk from town centre. 1 mile from Bedford Railway Station. Nearest Bus stop is St Paul's Square (Stop P1)