

## Directions to your seminar at Allen Carr's Easyway



Best Western Greater London Hotel  
60 Cranbrook Road  
Ilford IG1 4NH

Telephone: 0208 944 7761 (bookings); 0208 514 0444 (hotel direct)

*If you have any last-minute issues with attendance over a weekend, please leave a message for the Allen Carr therapist at the venue reception.*

### By Car

There is nearby parking at the Exchange Shopping Centre Havelock St, Ilford, IG1 4FA (a 6 minute walk). Parking costs £8.50 for 6 - 8 hours.

### By Public Transport

Ilford station is a 3 minute walk.

Please note, there are on-going construction works at Ilford Train Station. The main entrance is closed but there is a temporary entrance on Ilford Hill

