

# Directions to your seminar at Allen Carr's Easyway

The View Hotel  
Grand Parade, Eastbourne BN21 4DN

Telephone: 0208 944 7761 (bookings); 01323 433900 (venue)

*If you have any last-minute issues with attendance over a weekend, please leave a message for the Allen Carr therapist at the venue reception.*

## By Public Transport

The hotel is situated directly on the seafront overlooking the beach between Wish Tower and the Bandstand. It is a 15 minute walk from Eastbourne's railway station, and a 2 minute walk from the Lifeboat Museum bus stop.

## By Car

The hotel does not have car parking facilities, however you may purchase an on street parking voucher from reception.

PLEASE NOTE you need to ensure you are parked in the **correct zone** on the street, which you do by checking the signage on the street where you are parked..

